### OPENING YOUR NURSING SKILLS & SIMULATION LAB:

**Phase 1: Before we re-enter the CSL:**

1. Establish criteria for re-entry into the work place based on risk. We may stagger work hours and have some employees continue to work remotely.

2. Make sure we have enough masks, gloves, hand sanitizer, liquid hand soap and surface disinfectants for CSL staff and SPs

3. Establish protocol for disinfecting high traffic-high touch areas - this includes tables, doorknobs, light switches, countertops, refrigerators, handles, desks, phones, keyboards, toilets, faucets, and sinks.

4. Establish protocol for keeping personal items separate and cleaning cell phones.

5. Establish a protocol for disinfecting sim and medical equipment between activities

6. Establish a protocol for event scheduling - limit number of participants including learners, staff and faculty to 4 for each Given Sim Room and Inpatient room. Limit 6 to task trainer room, the large debrief room and Given classroom. Limit 2 to VR room. Limit the number of rooms used at one time.

7. Establish criteria for what sim activities remain remote and what needs to be in person.

8. Establish a protocol when we can provide sim activities in situ- working with UVMMC.

9. Establish criteria for which PE skills can be done in person and which should be done virtually- any physical exam on the mouth and nose will be prohibited. Which PE exams require gloves.

10. Meet with faculty regarding these new criteria and protocols

11. Shared understanding that all could change based on data.

**Phase 2: We will need 3 weeks back in the CSL prior to hosting any learner activities other than ongoing COVID-19 sims. We need this time to:**

1. Reconfigure our work space to physically distance employees 6 feet. Make use of the Given Sim space for an office, and move 2 staff into small debrief and one staff into the fellows’ office.

2. Consider air flow- open windows and doors

3. Reconfigure SIM spaces to physically distance

4. Perform any / all IT / IS System upgrades, updates and inventory – clean all IT / IS equipment that was lent out during work at home.

5. Remove shared items from use (pens, etc.)

**Phase 3: Until further notice, all staff, learners and faculty will be required to:**

1. Wear face masks and observe all hand washing requirements (Wash hands frequently for 20 seconds and avoid touching faces)

2. Avoid sharing desks, computers, phones, headsets or other objects near the mouth or nose

3. Physically distance as feasible to the learning activity / encounter

4. Follow the same protocol that hospital has regarding temperature measurement prior to entering the CSL. i.e. [Two Pack Touch Free Infrared Thermometer](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.amazon.com%2FPonek-Forehead-Thermometer-Non-Contact-Professional%2Fdp%2FB0878WYMGD%2Fref%3Dsr_1_43%3Fcrid%3D34F0BCLKNNBET%26dchild%3D1%26keywords%3Dtouch%2Bfree%2Binfrared%2Bforehead%2Bthermometer%26qid%3D1587815115%26refinements%3Dp_72%253A2661618011%26rnid%3D2661617011%26sprefix%3Dtouch%2Bfree%2B%252Caps%252C171%26sr%3D8-43%26fbclid%3DIwAR3eU3AvQHt-U7EdBrNVLYhHlk9UaMqtcz3IpTSV2yk1kyRvJLb4JsDkmT4&h=AT1u6NdBrywNPeJ8yMkbtTXqViueLL_3sfZvBt6cwrtZfc8m7AuwQALnXi8T1G7jIBYIwhKSVh2SF5Jsop8Y95Ry5QNkvQCW6qTFro7XYM23opb09m6M8v7o1PQL9SS_t9OpYEuUvPJC0ff_WcNnkA)

5. Alert us, do not come to event/work and seek appropriate medical care if any of these symptoms appear (2-14 days after exposure to the virus):

a. Fever 100.4F or over

b. Cough

c. Shortness of breath or difficulty breathing

d. Chills

e. Repeated shaking with chills

f. Muscle pain

g. Headache

h. Sore throat

i. New loss of taste or smell

6. Seek further information from their PCP, the VT Dept. of Health web site. [https://www.healthvermont.gov/](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.healthvermont.gov%2F%3Ffbclid%3DIwAR1jmLthKihz4Ct_mKi7ZzSTn53-yKD_SHH3H9I-VUTOEmfA0hwbksLVqJ8&h=AT1JVs4rXVsEKZPBXpT7uAc7PT39AoN0iP_S4WeB2f3wmtds-Bmv1SQ9ZSU6yJdgx8CLdsnql7KZxhdFIt0oNMNrsBUI_cCG6EGkxiSTGCfmEW-94FP9DKHbn9XHFEvBNOljwh25I4_OBc9lAiVxnw) or the CDC website [https://www.cdc.gov/](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.cdc.gov%2F%3Ffbclid%3DIwAR2J0NdKeYAV4XXcUybMH2Hii_WOtmE4Gx8BKEJbk7Kxs7JoB2hZyijCzSE&h=AT3tzrpdklPYk0xT89AsdjoNxowG7fjG94hcpfPmQHw68i_Qtps6FXqsSO8eJbGYdMcRMsxFXqFddzlvuGbNnYU3dYmHRJS1V_7YczDWxXzOsU3ENJSChCK5k8EN4FIfvDrICsRcjgC_li2p8nomqA)

7. Self-isolate for 2 weeks if

· Traveling from outside of Vermont

· Caring for COVID-19 patient or patient who is suspected to have COVID-19

8. Can return to school/work according to the following CDC Guidelines [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fif-you-are-sick%2Fcare-for-someone.html%3Ffbclid%3DIwAR1dL-MzAuyaw-ir3mO56NxB_E-5EUcNXy15-lcR4u_FQcG_1RFvOk2Urgc&h=AT13bQXSk-bDh2dW2B-E7nOKSmSf3uWAa9nFeSU458Gsnz4-OMXe_xwjewj0Mx-BvrZA7JjHi3TbLPmA4-XN2W6SkqmlKQ6UPPx3P7nthHmpzl8Bmtqrou4ThWvJYb5l3pkJVrA0FOp1cLlc5uznQQ)

People with COVID-19 or its symptoms who are recovering at home (or other non-hospital setting), and **will not be tested** to determine if they are no longer contagious can leave their “sick room” and home when:

· They have had no fever for at least 72 hours (that is three full days of no fever) without the use of medicine that reduces fevers AND

· Other symptoms have improved (for example, when their cough or shortness of breath have improved) AND

· At least 7 days have passed since their symptoms first appeared

People with COVID-19 or its symptoms who are recovering at home (or other non-hospital setting), and **will be tested** to determine if they are no longer contagious can leave their “sick room” and home when:

· They no longer have a fever (without the use of medicine that reduces fevers) AND

· Other symptoms have improved (for example, when their cough or shortness of breath have improved) AND

· They received two negative tests in a row, 24 hours apart

People who **DID NOT** have **COVID-19** **symptoms, but tested positive** who are self-isolating at home (or other non-hospital setting) can leave their “sick room” and home when**:**

· At least 7 days have passed since the date of the first positive test AND

· they continue to have no symptoms (no cough or shortness of breath) since the test For 3 more days, this group of people should continue to limit contact (stay 6 feet or more away from others) and wear a face covering for their nose and mouth when other people are present (including at home).